

3.3.5 Mental health support for students

During the 2024/2025 academic year, Misr International University maintained dedicated professional support for students **experiencing mental-health conditions** through its Medical Sector. MIU contracted **Prof. Dr. Mohamed Mostafa El-Hammady**, Professor of Psychiatry, as a **consultant in psychiatry and neurology** to assess mental-health cases within the university. The consultant evaluates individual cases, prepares medical reports that are maintained by the University Medical Sector, and reviews psychiatric reports submitted by students during their studies.

The service demonstrates the university's provision of **access to specialized professional mental-health assessment and support**. During 2024**, 35 cases** were assessed by the psychiatric consultant, increasing to **37 cases** in 2025.



Alongside its professional mental-health services, MIU promotes **preventive awareness and mental-health literacy** among its students. **On 16 October 2024**, the Entity MIU Club organized an **Obsessive-Compulsive Disorder (OCD) Awareness Campaign**, addressing the symptoms and causes of OCD, its impact on daily life, approaches to management, and ways of supporting individuals affected by the condition.

On 26 December 2024, the club organized an **Insomnia Awareness Campaign,** raising awareness of the causes and health and psychological effects of insomnia while introducing students to strategies for improving sleep quality and preventing sleep-related problems.

Together, MIU's professional psychiatric **consultation service** and student mental-health **awareness** initiatives demonstrate a combined approach encompassing specialized assessment, case evaluation, preventive education, and mental-health awareness, contributing to the promotion of student health and well-being.