

# Misr International University Report Times Higher Education Impact Ranking

## SDG 3:

# Good Health and Well- Being

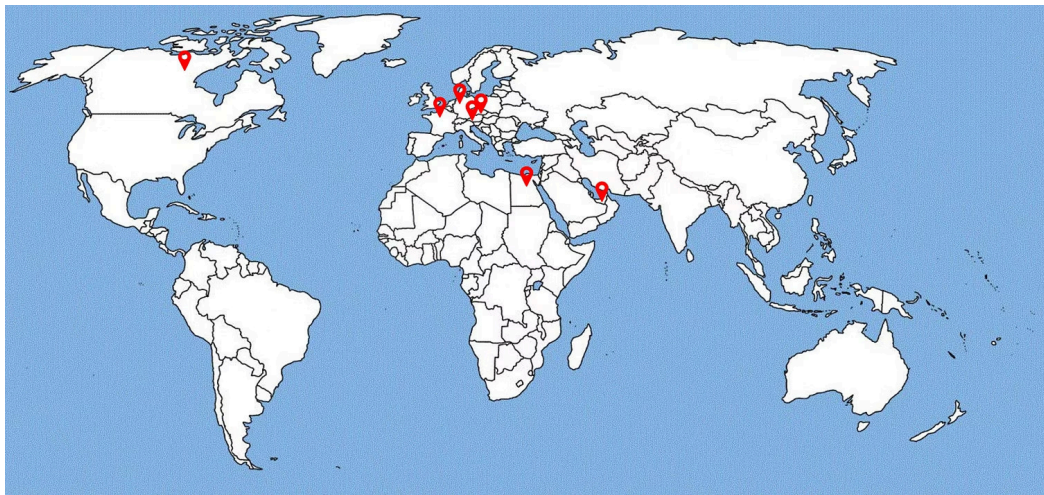
**3** GOOD HEALTH  
AND WELL-BEING



Misr International University (MIU) is deeply committed to **Sustainable Development Goal 3**. This report outlines the university's comprehensive efforts through strategic institutional partnerships, a calendar of impactful community outreach activities, and dedicated mental health support services.

## 3.3.1. Current Collaborations with Health Institutions

Misr International University (MIU) maintains active collaborations with local and global institutions to enhance **human health** and well-being outcomes. These strategic alliances ensure that MIU's educational framework remains aligned with the highest international standards, directly contributing to **SDG 3** targets related to **disease prevention, health policy** and **quality of life** improvement. [Read more.](#)



A geographical map highlighting the **countries engaged in academic and scientific collaboration** with Misr International University.



### Community Health Initiatives

Leveraging partner expertise to launch targeted outreach campaigns and free medical services.



### Research Projects

Joint research ventures addressing health challenges.



### Enhanced Student Training

Providing students with invaluable clinical and practical experience through supervised programs with leading institutions.

## 3.3.1. Current Collaborations with Health Institutions

MIU's commitment to global standards is underpinned by robust collaborations across its faculties. These partnerships facilitate academic exchange, joint research, and clinical exposure for both students and faculty.

**1**

### **Faculty of Pharmacy Partnerships**

1. St. John's University College of Pharmacy and Health Sciences, USA
2. Creighton University, USA
3. Gulf Medical University, UAE

**2**

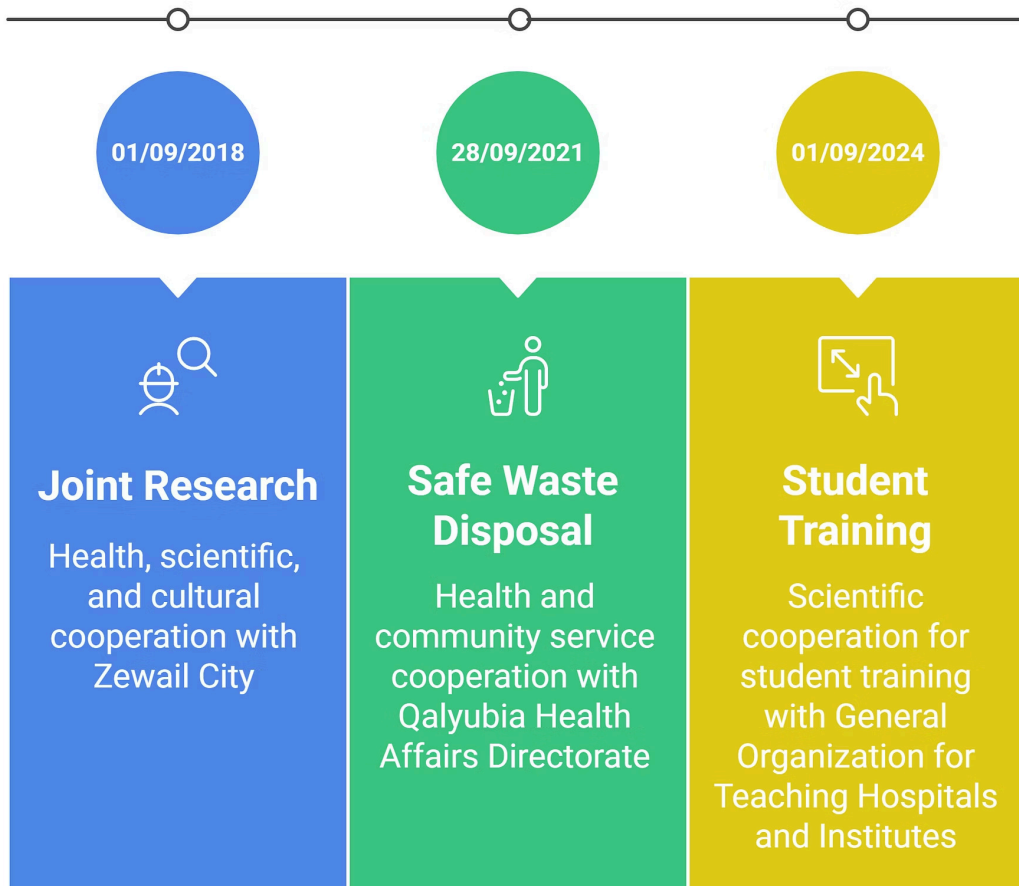
### **Faculty of Dentistry Partnerships**

1. Aachen Dental Laser Center, Germany
2. Sigmund Freud University Vienna, Austria
3. DGI [DEUTSCHE GESELLSCHAFT FÜR IMPLANTOLOGIE], Hannover, Germany
4. Aristotle University of Thessaloniki, Greece

## 3.3.1. Current Collaborations with Health Institutions



MIU's commitment to global standards is underpinned by robust collaborations across its faculties. These partnerships facilitate academic exchange, joint research, and clinical exposure for both students and faculty.

### Key Agreements of the Faculty of Dentistry







## 3.3.1. Current Collaborations with Health Institutions

### Faculty of Dentistry

Characteristic	AALZ–RWTH Aachen University	SFU – Sigmund Freud University	DGOI – German Association of Oral Implantology	Aristotle University of Thessaloniki
 Program Type	Laser Fellowship	Summer Training Program	Dental Implantology	Twinning Programs
 Focus	Laser Applications in Dentistry	Faculty Exchange, Joint Research	Specialized Continuing Education	Reference Certificates, Joint Research
 Enrollment	104 students over 7 courses	75 students	84 students over 5 courses	114 students over 5 courses
 Curriculum	Four educational modules, examinations	Workshops, lectures, clinical training	18 months of lectures, clinical training	Intensive course, examinations
 Location	Aachen, Germany	Vienna, Austria	Germany	Thessaloniki, Greece

## 3.3.1. Current Collaborations with Health Institutions

### Faculty of Pharmacy

Characteristic	St. John's University	Creighton University	Gulf Medical University
 <b>Activities</b>	Student/faculty exchange, joint research	Student/faculty exchange, joint research	Training/faculty development
 <b>Student Exchange</b>	8 students sent for practical training course in Clinical Pharmacy	3 students sent for practical training course in Clinical Pharmacy	Students sent to Ajman University Hospital
 <b>Faculty Exchange</b>	9 visiting professors hosted	3 visiting professors hosted	2 faculty participated in workshop
 <b>Student Hosting</b>	--	--	2 students hosted for training

## 3.3.1. Current Collaborations with Health Institutions

The following timeline highlights MIU's dedication to health education and community service across its faculties, covering vaccination drives, oral health celebrations, and critical medical training.

### Influenza Vaccine Awareness Session

**Nov 2023:** Abbott collaboration led to a two-day campaign, successfully vaccinating **93 students and staff** with the *Influvac* vaccine.

[Read more.](#)

### World Oral and Dental Health Day

**March 4, 2024:** Collaboration with WHO and FDI. Awareness booth, free materials distributed, and event registered on the Oral Health World Map.

[Read more.](#)

### Basic Life Support (BLS) Program

**April 7, 2024:** Training for students/interns from Dentistry and Mass Communication in recognizing life-threatening emergencies and performing CPR.

[Read more.](#)

## 3.3.1. Current Collaborations with Health Institutions

### **“Global Cardiology” Heart Failure Awareness Campaign**

**April 18 - May 8, 2024:** Under MIU’s Community Service Committee, Pharmacy students joined the “Global Cardiology” Heart Failure Awareness Campaign, educating patients through posters and simulation videos at major hospitals.

[Read more.](#)

### **Field trip to Al-Qaramus Village, Sharqia**

**May 21, 2024:** MIU dental interns conducted an oral health awareness campaign, providing education, free treatment invitations, and hygiene kits.

[Read more.](#)

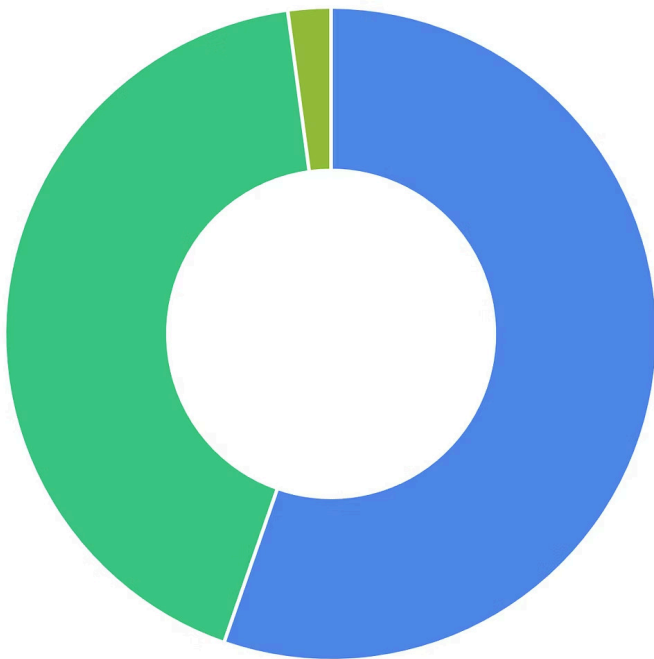
### **First Aid Course**

**May 26, 2024:** The Clinical Pharmacy Department hosted the Egyptian Ambulance Authority to train third-year students on ambulance equipment, emergency response, and first aid practices.

[Read more.](#)

## 3.3.2. Health Outreach Programs (2023/2024)

The infographic below presents a summary of all outreach activities conducted during the Academic Year 2023/2024



### 26 Medical/Dental Convoys

Provision of essential medical services



### 20 Health Awareness Campaigns

Educational campaigns and lectures



### 1 Training Lecture for Doctors

Skill enhancement lecture for doctors

## 3.3.2. Health Outreach Programs (2023/2024)

### Diabetes Awareness

Campaigns at Fatima Al Zahraa Orphanage and Al-Zohour Club, focusing on education and healthy lifestyles (Nov 2023, May 2024).

### Professional Training

Open Day Training for Health Insurance Dentists and Doctors, enhancing practical skills and continuous professional development (March 2024).

### Antibiotic Resistance

MIU fights against antibiotic resistance through an awareness campaign launched by the Faculty of Pharmacy (Feb 2024).

### Geriatric Oral Health

Visit to El Yakeen Elderly Home Care, providing screenings and hygiene education tailored for the elderly (April 2024).



## 3.3.2. Health Outreach Programs (2023/2024)

### Breast Cancer Awareness Session

Students from the **Faculty of Pharmacy** and members of the **DIMAS Student Club** held a **breast cancer awareness session** for 40 women at *Abu Kabir Center* (April 2024).



### Addiction Awareness Campaign

**IHEPC Club**, organized an **addiction awareness campaign**. The initiative focused on raising awareness about drug abuse prevention, its impact on health, and available treatment options (April 2024).



### Awareness Campaign on Type 2 Diabetes and Skin Disorders

The campaign focused on **Type 2 diabetes and skin disorders**, providing educational materials and consultations to attendees (May 2024).

### “Global Cardiology” Heart Failure Awareness Campaign

The campaign, themed *“Discover the Undiscovered: Find Me”* (May 2024).



## 3.3.2. Health Outreach Programs (2023/2024)



### Al-Qaramus Village, Sharqia Visit

Interns conducted **oral health awareness sessions**, demonstrated proper toothbrushing techniques, and distributed **150 toothbrushes and toothpaste tubes**. Free dental treatment at MIU's Dental Clinics Complex was also offered (May 2024).



### Karamous Village Visit

The **Faculty of Pharmacy** organized a **community outreach visit** to *Karamous Village, Sharqia Governorate*, in collaboration with the **Governorate's Population Unit** and the **Regional Authority for Tourism Promotion**. **Fifteen students** participated, leading **educational sessions** and **community service activities** aimed at improving local health awareness (May 2024).





## 3.3.2. Health Outreach Programs (2023/2024)

Misr International University has numerous **student clubs** that actively engage in **health outreach initiatives**. These clubs recruit and train students to participate in awareness campaigns, community visits and service activities. Through their ongoing efforts, they help promote health education and support underserved communities.

### Club Activities (2023/2024)

No.	Activity	Club	Link
1	Dar Al-Hayah Elderly Care Home	Community Dental Care (CDC)	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 58 of 82)
2	Al-Tareeq Ela Al-Gannah Orphanage	Community Dental Care (CDC)	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 59 of 82)
3	Ismailia Outreach Caravan	Community Dental Care (CDC)	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 60 of 82)



## 3.3.2. Health Outreach Programs (2023/2024)

### Club Activities (2023/2024)

No.	Activity	Club	Link
4	Beni Suef Outreach Caravan	Community Dental Care (CDC)	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 61 of 82)
5	Zagazig Medical Outreach Caravan	Community Dental Care (CDC)	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 62 of 82)
6	Osim Medical Outreach Caravan	Community Dental Care (CDC)	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 62 of 82)
7	Ash Sharqia Medical Caravan	Community Dental Care (CDC)	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 64 of 82)
8	Ash Sharqia Medical Caravan	Community Dental Care (CDC)	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 66 of 82)



## 3.3.2. Health Outreach Programs (2023/2024)

### Club Activities (2023/2024)

No.	Activity	Club	Link
9	Medical Caravan - Beni Suef	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 77 of 82)
10	Medical Caravan - Sods Al-Omaraa, Beni Suef	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 78 of 82)
11	Medical Convoy in Fayoum	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 79 of 82)
12	Medical Convoy in Al-Nazla, Fayoum	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 79 of 82)



## 3.3.2. Health Outreach Programs (2023/2024)

### Club Activities (2023/2024)

No.	Activity	Club	Link
13	Medical Convoy in Monufia	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 79 of 82)
14	Medical Convoy in Zawyet Sheikh Sand, Qalyubia	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 80 of 82)
15	Medical Convoy in Tamiya Village, Fayoum	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 81 of 82)
16	Medical Convoy - Shubra Ment Village, Giza	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 82 of 82)
17	Medical Caravan - Fayoum	IHEPC	<a href="https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf">https://www.miuegypt.edu.eg/wp-content/uploads/Student-Clubs-Report.pdf</a> (Page 82 of 82)

## 3.3.2. Health Outreach Programs

Misr International University's **outpatient clinic** provides high-quality medical and dental care to patients completely **free of charge**. This service ensures accessibility to **essential healthcare for the community** while providing **essential training ground for our students**.

### 1 Patient Safety First

Adherence to global standards for infection control and safety.

### 2 Professional Supervision

Ensuring every procedure meets the highest clinical excellence under expert guidance.

### 3 Community Access

Providing essential, high-quality healthcare services regardless of financial status.



**66,226**

**Number of Patients Treated  
in the Academic Year  
2023/2024**

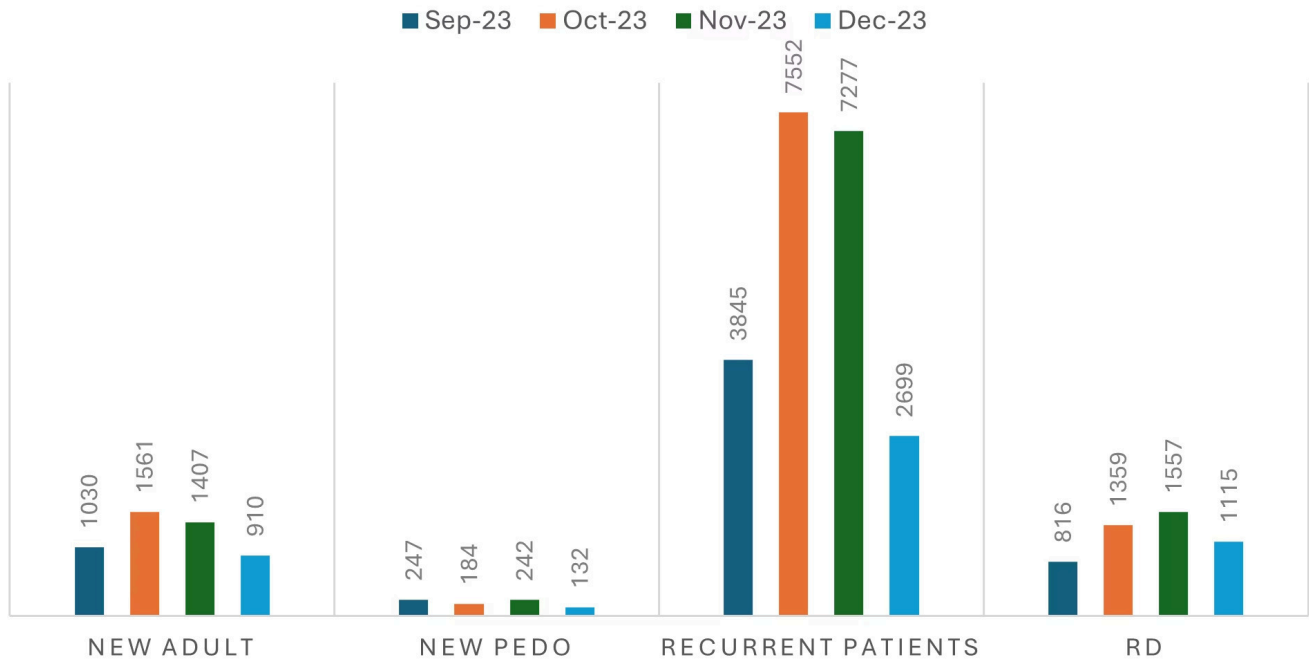


## 3.3.2. Health Outreach Programs

The bar chart below illustrates the **types and number of patients** visiting the clinic complex.

### The Number of Patients Visiting the Clinic Complex (Sep-23 - Dec-23)

#### NEW & RECURRENT & RD FALL 2023

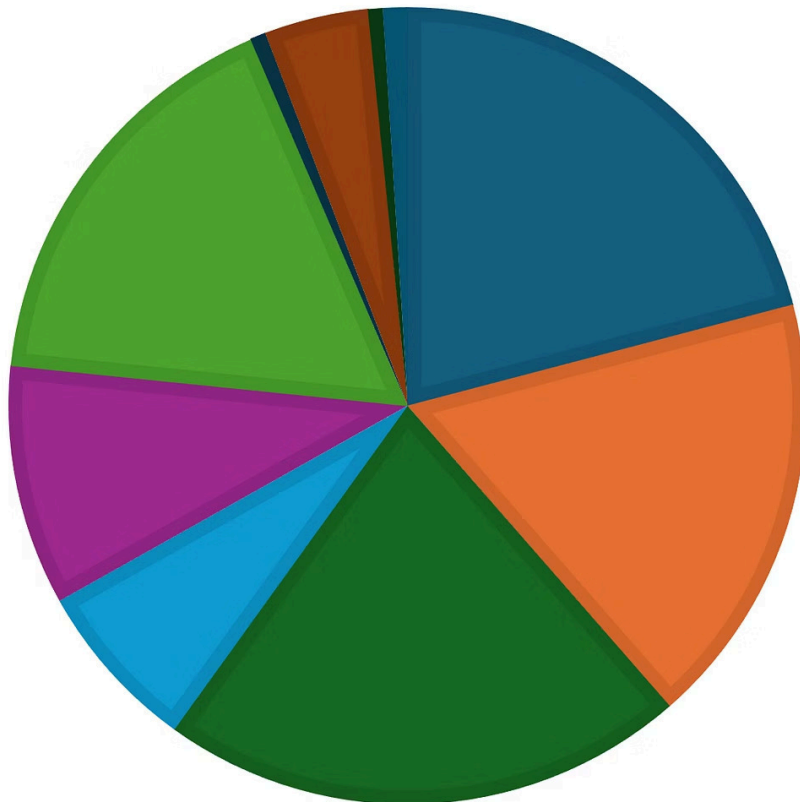




## 3.3.2. Health Outreach Programs

The pie chart below illustrates the number of patients visiting the clinic complex per **specialty**.

### DISTRIBUTION OF CASES PER SPECIALITY FALL 2023



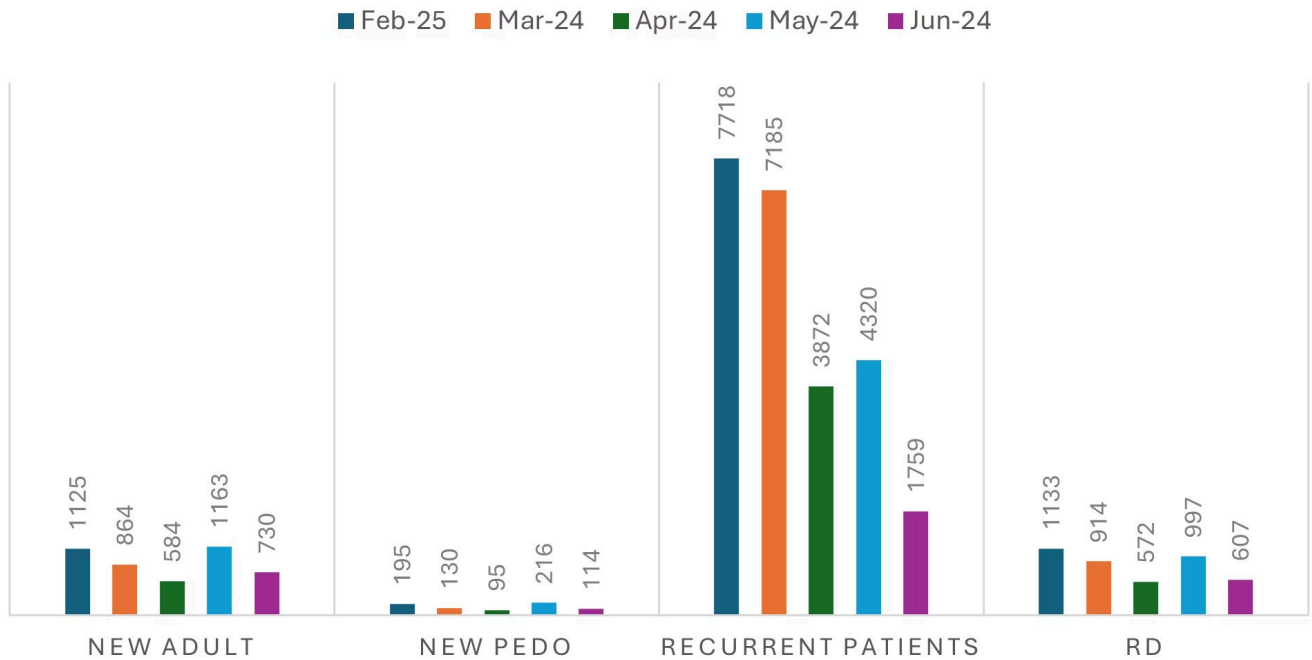


## 3.3.2. Health Outreach Programs

The bar chart below illustrates the **types and number of patients** visiting the clinic complex.

### The Number of Patients Visiting the Clinic Complex (Feb-24 - Jun-24)

#### NEW & RECURRENT & RD SPRING 2024



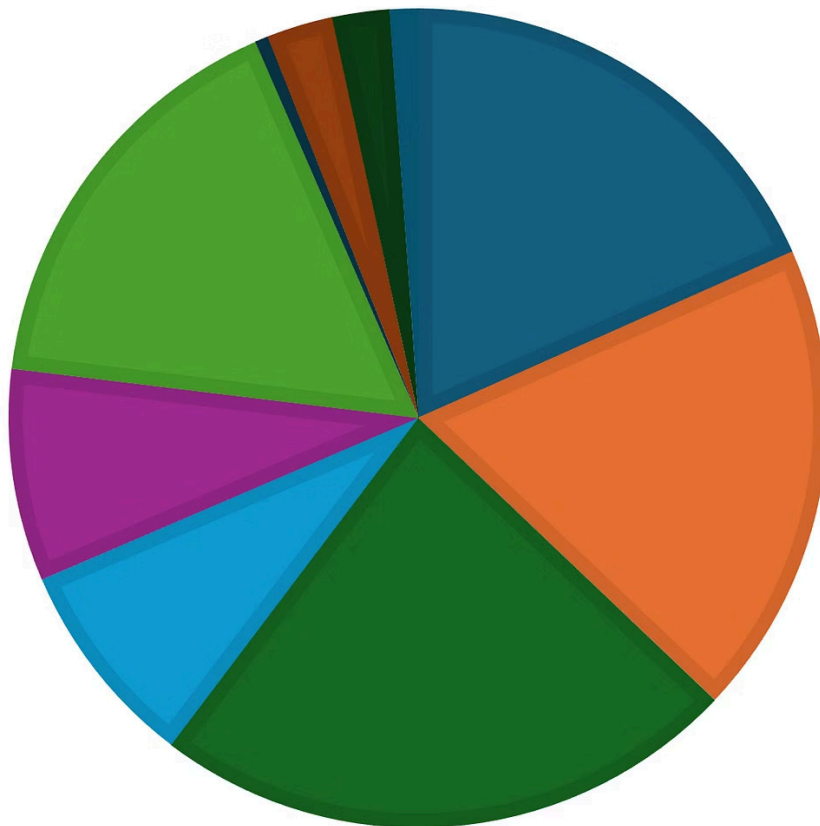


## 3.3.2. Health Outreach Programs

The pie chart below illustrates the number of patients visiting the clinic complex per **specialty**.

### DISTRIBUTION OF CASES PER SPECIALITY SPRING 2024

- Endodontics
- Operative
- Crown
- Scaling
- Surgery
- Prosthodontics
- DGOI
- Pediatrics
- Orthodontics
- X-Ray





### 3.3.3. Shared Sports Facilities

#### MIU Students Celebrate International Day of Persons with Special Needs

Misr International University's Community Service and Environment Development Committee at the Faculty of Al-Alsun & Mass Communication organized a sports day for the orphans of Al-Sondos Association on December 9, 2024, in celebration of the International Day of Persons with Special Needs. The event promoted social inclusion and well-being through activities such as football and running races. Fifteen orphans participated alongside MIU students and their supervisors.

[Read more.](#)



## 3.3.4. Sexual and Reproductive Health Care Services for Students

### Procedures Followed at the University Clinic for the Care of a Pregnant Student

1

If a student is pregnant, she is provided with available health monitoring at the university clinic, such as blood pressure and blood sugar measurements.

2

When medical reports are submitted by her treating physician, medical excuses are accepted throughout the pregnancy (in accordance with the regulations governing such cases and within the permitted absence limit).

3

If she becomes ill during exams, her exams are rescheduled once her health improves and she is able to attend.

4

In cases where the treating physician recommends a long medical leave, the student is advised to withdraw from the semester until giving birth and return when she is able to continue her studies.

5

All grades are preserved, and tuition fees are transferred to the following semester to ensure that the student faces no additional burden.

### **3.3.5. Mental Health Support for Students**

#### **Mental and Psychological Health Support Procedures for Students (2023/2024)**

- 1** — When any student submits a complaint related to their psychological condition to the medical sector, a meeting is held with the student to discuss the issue.
- 2** — The medical sector schedules a meeting with the student's guardian and arranges for the student to be referred to the university's psychiatric consultant to provide the necessary support and treatment.
- 3** — Psychological and medical support is provided to the student, with coordination between the Student Support Committee and the Academic Advising Office to ensure that the student's health condition is accommodated without negatively affecting academic performance.
- 4** — The student's absences are excused upon approval of the medical reports.

## 3.3.5. Mental Health Support for Students

Misr International University (MIU) is committed to supporting students' mental health and overall well-being by providing access to various forms of assistance and flexibility. MIU offers attendance considerations, extended exam time, and in some cases, assigns a personal proctor during examinations.



### **The Role of the Advising Office**

The Advising Office plays a crucial role, closely monitoring students' progress and well-being to ensure timely intervention and support. This proactive approach helps identify challenges early and connects students with necessary resources.



### **Accommodations Provided**

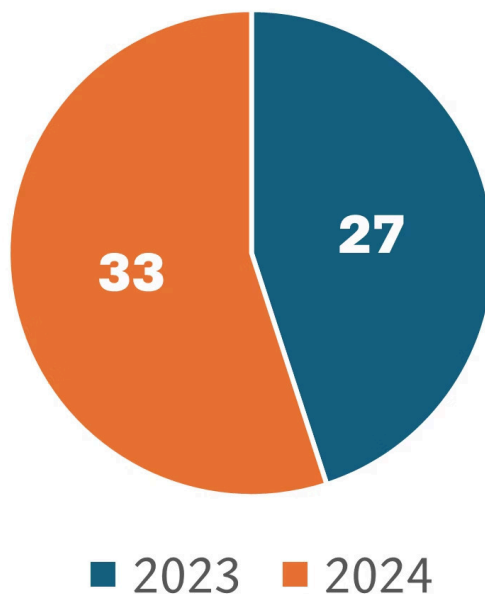
1. Attendance considerations.
2. Extended exam time and personal proctoring.
3. Online exams or alternative assignments.

## 3.3.5. Mental Health Support for Students

Misr International University (MIU) is committed to supporting students' **mental health** and overall well-being by providing access to various forms of assistance and flexibility.

- The university has contracted a consultant in psychiatry and neurology to examine and assess psychological cases within the university and to prepare a medical report for each case, which is kept in the university's medical sector.
- In addition, any psychological or psychiatric reports submitted by students during their studies are reviewed by the psychiatric consultant for evaluation.

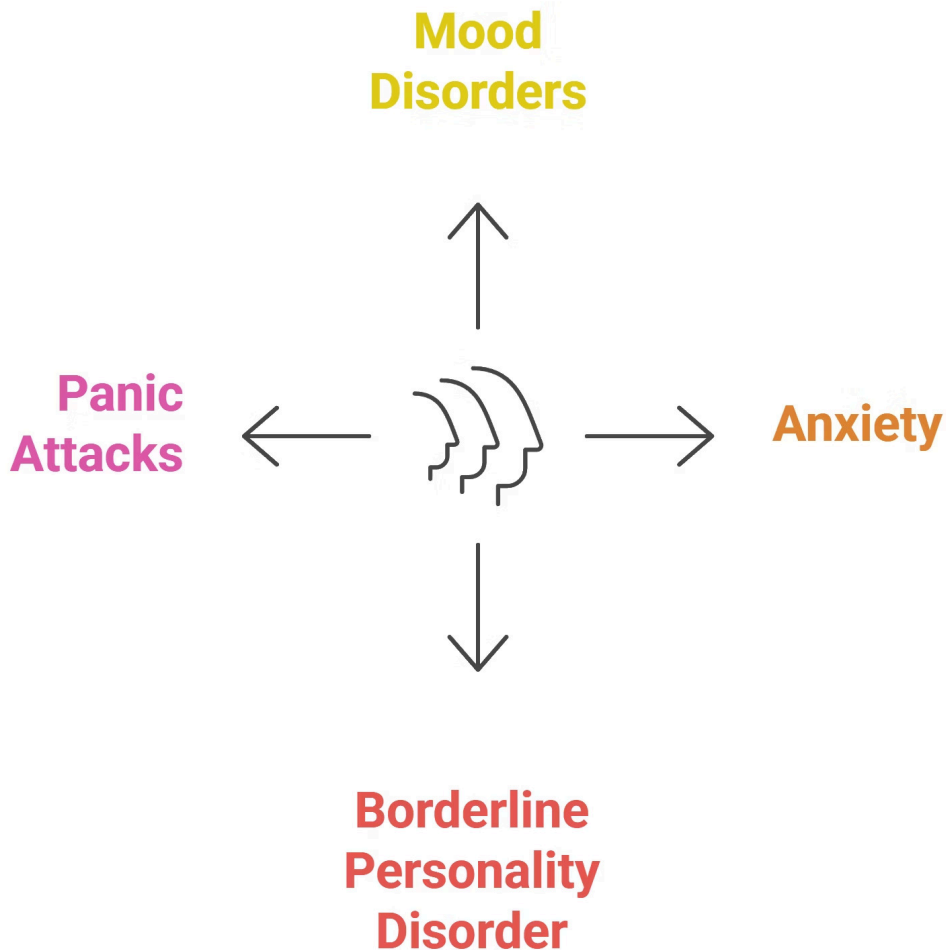
### Number of Cases Reviewed by the University Psychology Consultant 2023/2024



## 3.3.5. Mental Health Support for Students

### Mental Health Support and Academic Accommodations for Students

The infographic below illustrates the types of **mental health** cases handled by the university consultant during the academic year **2023/2024**, reflecting the institution's commitment to supporting **human health** and addressing various aspects of **mental illness** among students.



## 3.3.5. Mental Health Support for Students

In celebration of **World Mental Health Day**, the **IHEPC Club** organized a **mental health awareness session** led by *Prof. Dr. Abdelrahman Hammad*, CEO of **Iwan Psychiatric** and former Head of the **Addiction Unit at Abbasiya Hospital**. Dr. Hammad discussed strategies for managing **depression, anxiety, and stress**, and encouraged students to share their views on **drug abuse**. The session aimed to provide students with practical tools to support their **mental well-being** and promote an open dialogue around mental health.

[Read more.](#)



## 3.3.6. Smoke-free Policy

Misr International University upholds its commitment to fostering a clean, healthy, and safe campus environment for all members of its community. To support this goal, the university enforces a comprehensive smoking ban across all indoor facilities, including lecture halls, laboratories, and offices. This policy reflects MIU's dedication to promoting public health awareness and encouraging responsible behavior among students and staff.

For full details, please [read the University Smoking Ban Policy here.](#)



**SMOKE  
FREE**

### 3.3.7. Mental Health Support for Staff

#### Mental and Psychological Health Support Procedures for Staff Members (2023/2024)

- 1 — When any staff member submits a complaint related to their psychological condition to the medical sector, a meeting is held with the employee to discuss the issue.
- 2 — The medical sector schedules a meeting with the employee and arranges for referral to the university's psychiatric consultant to provide the necessary support and treatment.
- 3 — Psychological and medical support is provided to the employee, taking into account their health condition in a way that does not affect their job performance.
- 4 — The employee's absences are excused according to the attending physician's recommendation.

**Misr International University provides staff with access to mental health support, and in 2023/2024, a specialist successfully managed several anxiety cases as part of the university's commitment to promoting psychological well-being.**