

Misr International University Report Times Higher Education Impact Ranking

SDG 3:

Good Health and Well- Being

3 GOOD HEALTH
AND WELL-BEING



Misr International University (MIU) is deeply committed to **Sustainable Development Goal 3**. This report outlines the university's comprehensive efforts through strategic institutional partnerships, a calendar of impactful community outreach activities, and dedicated mental health support services.

3.3.7. Mental Health Support for Staff

Mental and Psychological Health Support Procedures for Staff Members (2023/2024)

- 1** — When any staff member submits a complaint related to their psychological condition to the medical sector, a meeting is held with the employee to discuss the issue.
- 2** — The medical sector schedules a meeting with the employee and arranges for referral to the university's psychiatric consultant to provide the necessary support and treatment.
- 3** — Psychological and medical support is provided to the employee, taking into account their health condition in a way that does not affect their job performance.
- 4** — The employee's absences are excused according to the attending physician's recommendation.

Misr International University provides staff with access to mental health support, and in 2023/2024, a specialist successfully managed several anxiety cases as part of the university's commitment to promoting psychological well-being.