

Misr International University Report Times Higher Education Impact Ranking

SDG 3:

Good Health and Well- Being

3 GOOD HEALTH
AND WELL-BEING



Misr International University (MIU) is deeply committed to **Sustainable Development Goal 3**. This report outlines the university's comprehensive efforts through strategic institutional partnerships, a calendar of impactful community outreach activities, and dedicated mental health support services.

3.3.5. Mental Health Support for Students

Mental and Psychological Health Support Procedures for Students (2023/2024)

- 1** — When any student submits a complaint related to their psychological condition to the medical sector, a meeting is held with the student to discuss the issue.
- 2** — The medical sector schedules a meeting with the student's guardian and arranges for the student to be referred to the university's psychiatric consultant to provide the necessary support and treatment.
- 3** — Psychological and medical support is provided to the student, with coordination between the Student Support Committee and the Academic Advising Office to ensure that the student's health condition is accommodated without negatively affecting academic performance.
- 4** — The student's absences are excused upon approval of the medical reports.

3.3.5. Mental Health Support for Students

Misr International University (MIU) is committed to supporting students' mental health and overall well-being by providing access to various forms of assistance and flexibility. MIU offers attendance considerations, extended exam time, and in some cases, assigns a personal proctor during examinations.



The Role of the Advising Office

The Advising Office plays a crucial role, closely monitoring students' progress and well-being to ensure timely intervention and support. This proactive approach helps identify challenges early and connects students with necessary resources.



Accommodations Provided

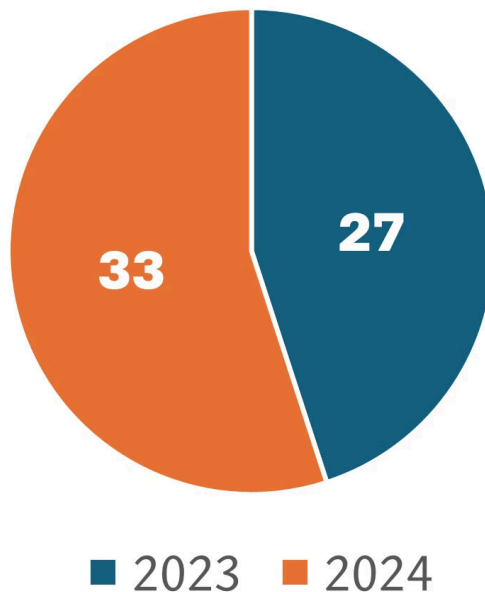
1. Attendance considerations.
2. Extended exam time and personal proctoring.
3. Online exams or alternative assignments.

3.3.5. Mental Health Support for Students

Misr International University (MIU) is committed to supporting students' **mental health** and overall well-being by providing access to various forms of assistance and flexibility.

- The university has contracted a consultant in psychiatry and neurology to examine and assess psychological cases within the university and to prepare a medical report for each case, which is kept in the university's medical sector.
- In addition, any psychological or psychiatric reports submitted by students during their studies are reviewed by the psychiatric consultant for evaluation.

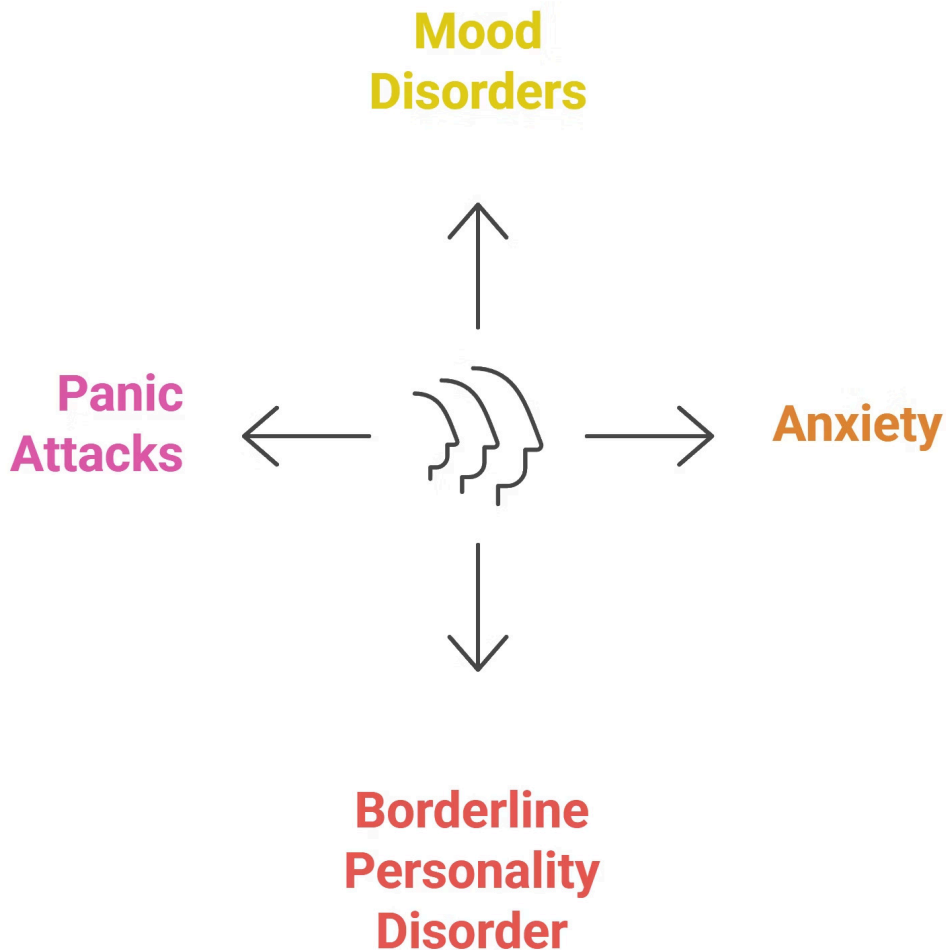
Number of Cases Reviewed by the University Psychology Consultant 2023/2024



3.3.5. Mental Health Support for Students

Mental Health Support and Academic Accommodations for Students

The infographic below illustrates the types of **mental health** cases handled by the university consultant during the academic year **2023/2024**, reflecting the institution's commitment to supporting **human health** and addressing various aspects of **mental illness** among students.



3.3.5. Mental Health Support for Students

In celebration of **World Mental Health Day**, the **IHEPC Club** organized a **mental health awareness session** led by *Prof. Dr. Abdelrahman Hammad*, CEO of **Iwan Psychiatric** and former Head of the **Addiction Unit at Abbasiya Hospital**. Dr. Hammad discussed strategies for managing **depression, anxiety, and stress**, and encouraged students to share their views on **drug abuse**. The session aimed to provide students with practical tools to support their **mental well-being** and promote an open dialogue around mental health.

[Read more.](#)

